



Colouring their lives forever...

ENRICHMENT PROGRAMME 2015/16

SIXTH FORM



THE KING'S SCHOOL
CHESTER

What is Enrichment?

A broadening of the learning experience

Enrichment enhances the curriculum and allows it to be placed in the wider context of the world we live in.

The aim of enrichment is to inculcate certain qualities of mind. These include problem solving, creative thinking, initiative and self-direction, discovery, higher order thinking skills, profound personal interests, self-acceptance, and the courage to make a difference.

*The King's enrichment follows four discrete paths. **Academic** courses are at the forefront followed by **Skills** based courses, **Creative** courses and work within the **Community**.*

By the time you leave King's you should have completed courses in all four areas. You will spend the majority of your time focussed on academic courses but you will have to complete courses gaining invaluable expertise in the other areas.

Enrichment Options Choices

You must choose your enrichment activities for the year from the option groups below. Please put your choices in order of priority. There is no guarantee that you will get your first option.

Option A

Community Action – Charity Shops	Community
Community Action – Riding for the disabled	Community
Community Action – Save the Family	Community
Community Action – Schools	Community
Community Action – Organising Own	Community
Community Action – Residential homes	Community
Community Action – Maths Roadshow NEW	Community
Life Saving Award	Skills
Football Coaching	Skills
University Extension	Academic
AS Level Psychology	Academic

Option A: one 2hr activity for the whole year

Option B

Community Action – Charity Shops	Community
Community Action – Organising Own	Community
Community Action – Residential homes	Community
Community Action – Schools	Community
Community Action – Save the Family	Community
Community Action – Maths Roadshow NEW	Creative
Digital Photography	Skills
Theatre Tech	Skills

Option B: Termly 2hr activities

Option C

Arabic	Academic
Reason + Argument	Academic

Option C: Two 1hr activities for the whole year

If you have any further questions or you need some further assistance please ask your tutor or contact :
Mrs Aldridge (rha@kingschester.co.uk)

Enrichment Activities Explained

University Extension Classes (Lent term L6th until end of Michaelmas term of U6th)

If you are considering application to a top university or one of the most competitive courses (English, Economics, Maths, Medicine, History, etc.), a series of lessons will be run for the subjects listed below (may be subject to change). These lessons are designed to develop your knowledge, skills and abilities beyond A-level specifications and to enable you to engage with a greater level of debate and analysis.

- These sessions are intended for high achieving students at King's and will be **very** challenging; they are not suitable for everybody.
- You will be asked to fill out an application form before applying for University Extension.
- Work will be expected to be completed between sessions. Failure to partake fully will lead to ejection from the course.

During an enrichment afternoon you will have one session with a subject specialist and one session on development of general cognitive abilities.

If you want to apply for particular subjects at university may want to attend **two** subject specific courses instead of the general session with Mr Hughes.

Being able to attend two subject courses is dependent on their timetabling.

For example: Students applying for Biochemistry may want to attend both Biology and Chemistry.
Students applying for Medicine may want to attend both Medicine and Chemistry.
Students applying for Engineering may want to attend both Maths and Engineering.

University Extension Classes are **compulsory for anyone considering an application to Oxford or Cambridge in the subjects listed below** (support for subjects not listed will take place at other times of the week as agreed with your subject supervisor).

- i. Biology/Medicine (Mr Elmore)
- ii. Chemistry (Dr Cook)
- iii. Economics (Mr Walton)
- iv. Engineering (Mr Curtis)
- v. English (Dr McMahan)
- vi. Geography/Geology (Mr King)
- vii. History/Politics (Mr Neal)
- viii. History of Art/ Design/Architecture (Mr Downey)
- ix. Maths (Mr Canty)
- x. Physics (Dr Bosworth)
- xi. Languages (Dr Byrne)

This course lasts for two years over three terms over and for the other terms you will be doing Community Action. For more information see Mr Carter.

العربية

Arabic

Arabic is spoken natively by over 300 million people in the Arab world and by many minorities all over the world. It is the fifth most commonly spoken language. It is also the official language of the United Nations, the Arab League, the Organization of Islamic Conference, and the African Union.

A knowledge of Arabic also opens doors to an understanding of Arabic and Islamic culture, enabling you to learn about the cradle of human civilisation and the three biggest religions in the world – Islam, Christianity and Judaism.

This course lasts for one year over one enrichment period. Please contact Mr Shannon for more information.

Community Action – Charity Shops

This activity takes place in a variety of charity shops around Chester and in Blacon. You will be acting as a volunteer in one shop and may be asked to undertake a range of tasks including sorting stock, checking that toys still work, identifying pirate CDs, pricing stock and serving customers on the till.

Below are some comments from students who took this option last year.

“I believe that I have developed a new sense of community with the workers of Hope House and it has improved my communication skills drastically...After watching the volunteers of Hope House work tirelessly for hours on end, it has inspired me to be more empathic, and to try and help others where I can.”

“I learnt a lot more about not only the internal workings of a charity shop, but also how retail stores operate in general.”

This course lasts for one year or a term over two enrichment periods. Please contact Ms Andrews for more information.



Community Action – Residential homes

This is an excellent course for those wishing to pursue a career in medicine. Below are extracts from students who have participated in this activity.

'This is definitely something that anyone wishing to do medicine should do.'

'This has been a completely new experience and although it took me out of my comfort zone the rewards have been endless.'

'The challenging aspect of the visits and the fact that initially I was thrown out of my comfort zone make me thankful for the experience. I feel it is important to be given the opportunity to do something that you would never normally even think about trying. It has taught me that sometimes in life; whether in a future job or any life situation we won't always be comfortable and will, at times need to interact with others that may be different to us. I have been able to learn so many different things from the residents who enjoy having someone to tell their stories too. Even though we had obvious age and some cultural differences, between us many laughs were shared.'

This course lasts for one year or a term over two enrichment periods. For more information see Mrs Chadwick or Mrs Hollingworth.



Community Action – Save the Family

Save the Family is a charity that works with homeless, abused and underprivileged families. They uniquely provide accommodation, training and care to enable the families to stay together and begin to establish a new life. If you choose this option you will visit their brand new Cotton Hall Farm near Chester every fortnight. The work may include developing a market garden to supply food for the families, working with the estates team to maintain the site, running homework clubs, teaching cooking skills or financial management, organising and running sports days, and special events (Christmas party, BBQ etc), working in the crèche with toddlers and raising money and awareness for Save the Family.

This course lasts for one year or a term over two enrichment periods. For more information see Miss Rowley.



Community Action: Wirral and Chester Riding for the Disabled

This activity takes place at Foxes Riding School in Ledsham and is open to Fifth and Sixth Formers who are willing to commit to the riding school over the course of a year. Basic training is given to all volunteers before they start helping. You will be volunteering with three different rides on Friday afternoon; the riders are all disabled adults or children from local educational organisations.

The main role of a volunteer helper is to lead the horse or to walk by the side of the rider. In cases of severe disability this may involve two side walkers and thus on many occasions three volunteers are needed for each disabled rider. Volunteer helpers must concentrate on the rider. It is necessary to make sure that feet are in the special stirrups and the riders are holding their reins correctly - some riders are not capable of doing the former and have to be supported in various ways. With experience, volunteers understand when certain riders do not like 'eye contact' or physical contact. Others like - and should be encouraged - to chat as well as concentrate. The aim is for both riders and volunteers to have as much fun and relaxation as possible and grow in self confidence. No experience of horse riding is required, but you should be comfortable around horses

This course lasts for one year over two enrichment periods. For more information see Dr Gleave.



Community Action – Organising your own project

Pupils are also able to organise their own placement in a relevant community action placement. Recent placements have included working in veterinary practices, schools and residential homes around the area.

Pupils will be expected to set up and confirm this placement over the summer holiday to ensure they are ready to go at the first enrichment session.

This course lasts for one year or a term over two enrichment periods. Please contact Mr s Aldridge for more information.

Community Action – Schools

This option involves working in local primary schools, supporting the work of the class teacher in various contexts and with various age groups. Duties may include helping individual children with their reading skills, preparing teaching resources, and supporting the class teacher with group work.

In one school you will be helping with the teaching of (very basic) French, using a variety of games, songs and other activities to introduce the children to simple greetings, numbers and colours.

This course lasts for one year or a term over two enrichment periods. Please contact Mr Shannon or Mr Rees for more information.



Community Action – Maths Roadshow

Roll Up, Roll Up!! Do you like organising events, working with younger pupils and enjoy problem solving and puzzles?

This course will involve using the Fun Maths Roadshow resources to create our own box of interactive puzzles which we will present when we visit a selection of local junior schools, visiting a different school each week. The year groups we will work with will be Year 5 and Year 6. A couple of weeks at the beginning of the course will be spent designing the event which will include choosing and making the puzzles, making a presentation, creating answer sheets, certificates and stickers for the pupils. Then we will be all set to visit our local junior schools and spend a FUN afternoon with the junior school pupils who will enjoy working with you on your puzzles.

The Roadshow is designed so that the puzzles can be done mentally and by interacting with the pieces in the puzzle and above all having FUN with Maths.

For more information please see Mrs Cooper

Life Saving Award

The National Pool Lifeguard Qualification (NPLQ) is widely accepted by swimming pools both in the UK and Ireland with over 37,000 qualifications awarded per annum. It has full accreditation from the Qualifications and Curriculum Authority. Successful completion will allow you to work as a Lifeguard in most Leisure and Private pools. To join the course you will need to be able to swim 100 metres continuously on front and back in deep water. You will investigate 'The Principles of Lifesaving and Swimming Pool Supervision' and 'The Application of Supervision and Rescue in a Swimming Pool'. This will incorporate both theory and practical based work.

Please note that you need to be available for the whole academic year (i.e. after the exams) as the test will be taken at the end of the summer term.

This course lasts for one year over two enrichment periods. For more information see Mr Lunn.



Digital Photography

This course aims to blend practical photography skills with study of the techniques of well known photographers.

You will learn how to use the features on a digital camera effectively and be introduced to some experimental non-digital processes too. You will learn how to control focus, level of contrast and composition techniques. You will also use Photoshop to digitally manipulate images.

You will examine how photography has changed the visual world through portraiture and reportage and gain some practical experience of using professional studio equipment to set up a photoshoot. Developing the skill of portrait photography will be a particular focus. You will need your own digital camera (not your phone!) but this does not have to be an SLR or an expensive one.

This course lasts for two enrichment periods over one term. For more information see Mr Harvey.



Reason and Argument

Are you always able to express your arguments clearly, logically and forcefully? Are you able to see the flaws in other people's arguments and explain clearly what these flaws are? Do you always win arguments with other people regardless of whether you are correct or not? If the answer to these questions is 'yes' then this course is not for you; if on the other hand you could develop these core intellectual skills further, then you should consider studying 'Reason and Argument'!

Critical, logical thinking is a fundamental skill in any academic subject and will enhance your application for any top university. The course is rigorous but practical and suitable for all students whether you prefer arts or sciences.

This course lasts for one term over a double enrichment period. For more information see Mr Lee.



Logic: another thing that penguins aren't very good at.

Theatre Tech

Working alongside the Theatre in Performance enrichment option, the Theatre Tech course will now be a project based course that last a term each. Giving technical support to the productions and projects the Theatre in Performance course requires.

This will include lighting & sound design, video recording and post production, and stage management.

Students will not only learn how to give technical support, but will also run live productions both in school and out in the community. Studying live and recorded productions for their technical merits, using this experience in our own projects. With backstage tours of theatres, students will get a taste of how the professionals work and implement this best practice in our own Vanbrugh Theatre.

This enrichment class presumes that each student will be dedicated and eager to work as a team.

This course runs for a term over two enrichment periods. For more information see Mr Mannix.



Football Coaching

Following the success of the Sports Leaders' Award, we are able to offer a new option, building on a new FA initiative – Team 16.

This course will allow the further development of volunteering through sport and the pupils selected will be responsible to coordinating sports volunteering through the school. If you choose this option, you will get further support in organisational and officiating skills, as well as developing your own leadership skills.

Though the course will use the FA programme as its template, please note that those of you with an interest in all sports are welcome and volunteering can be in any area. There is no award for being involved in Team 16, but the course will be linked to the FA's Football Futures initiative which rewards volunteering at several levels - <http://www.thefa.com/my-football/volunteer/football-futures>

The FA scheme is still in the planning scheme, so exact details will follow, but the course will run, probably as a full year option, though this decision will be informed by interest from pupils and the requirements of the scheme.

This course lasts for one year or a term over two enrichment periods. Please contact Mr Lunn for more information.



AS Psychology

This qualification offers an engaging and effective introduction to psychology. Students will learn the fundamentals of the subject and develop skills valued by Higher Education and employers, including critical analysis, independent thinking and research.

The course includes the study of social influence, memory, attachment, psychopathology, different approaches in psychology and research methods. There is an emphasis on designing and carrying out elements of research to gain an understanding of practical psychology.

The AS course will be delivered over two years culminating in an exam over two, hour and a half papers. There will be a requirement to attend a lunchtime session per week and there will be some additional independent work to do away from lessons. Entry to the exam is optional.

For more information see Mr Hornby